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Physics is a challenging subject, but there's no reason for it to be frustrating. *Physics I Workbook For Dummies* has all the practice problems and answer explanations you need to get a firm grip on this fundamental and useful science. You'll get a full year of free access to online chapter quizzes that help you reinforce what you've learned. Whether you're drilling motion problems or thermodynamics questions, this easy-to-follow workbook tracks to a typical high school physics class and is a great resource for anyone looking to brush up on their physics knowledge.

Inside...

- Understand acceleration and time
- Keep up with kinetic energy
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- Work with electricity equations
- Discover solids, liquids, and gases
- Practice torque and rotational motion
- Create and understand vectors



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ISBN 978-1-119-71647-1

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